

CV

Apostolakopoulos Achilleas

Education

- 2017-Today: Student at School of Physical Education, Sport Science and Dietetics, University of Thessaly.
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Certifications/Skills/ Background

- **2013:** Certificate of Competence in English of the University of Michigan.
 - **2013:** Certificate of competence in BLS/AED by the European Resuscitation Council.
 - **2014:** Certificate of Proficiency in English of the University of Michigan.
 - **2014:** Certification of owning II DAN degree in TAEKWON-DO ITF by the International Taekwon-Do Federation.
 - **2018:** Certification of the 6-hour *Anti-Doping educational seminar*, part of the Anti-Doping project “**From Research to Application: An evidence based psychosocial intervention in young athletes**” developed by the University of Birmingham and the University of Thessaly, and supported by the World Anti-Doping Agency (WADA).
 - **2019(-today):** Certification of Taekwon-Do ITF Referee Level C, by the Hellenic Quadrathlon Taekwon-Do Federation.
 - **2019(-today):** Certificate of competence in BLS/AED by the European Resuscitation Council.

 - **2005-2016:** Taekwon-Do I.T.F Athlete.
 - **2017-today:** Track & Field. Long Jump Athlete.
 - **2019-today:** Taekwon-Do I.T.F Referee Level C.
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